

Abbie Normalz

139 West Union Street
Morganton, North Carolina

phone: 828-437-8630

hours: monday - saturday 11 am - until

Appetizers

- :: **Spring Rolls** - A blend of black beans, rice, monterey jack cheese and cilantro wrapped up in a crispy taquito shell-Muy Bueno! ____ \$5.99
- :: **Normalz Nachos** - Tri-colored tortilla chips smothered with a blend of monterey jack and cheddar cheeses and topped with jalapenos. Served with sour cream and chunky salsa. ____ \$6.99--Add Chicken or steak \$2.00
- :: **Onion Rings** - Crispy hand-battered onions served with your choice of dipping sauce. ____ \$4.99
- :: **Jalapeno Poppers** - Jalapeno poppers stuffed with cheese, battered and fried to perfection. ____ \$5.99
- :: **Wings** - Terriyaki, BBQ, Jamaican Jerk, or Abnormally Hot. Served with celery and your choice of ranch or bleu cheese. ____ 10/\$5.99 20/\$9.99
- :: **JB's Shrooms** - Lightly beer-battered and fried, heavily influence by JB-an old friend. ____ 1/4lb-\$3.99 1/2lb-\$5.99

Garden of Abbie

- :: **Chicken Caesar Salad** - Grilled or blackened chicken and shredded parmesan cheese served over a bed of fresh romain lettuce, topped with crutons, and tossed in creamy caesar dressing. ____ \$7.29
- :: **Chef Salad** - Honey baked ham, turkey, crisp bacon, eggs, diced tomatoes, red onions, cucumbers, carrots, and shredded cheese over a bed of lettuce, topped with croutons and served with your choice of salad dressing. ____ \$7.29
- :: **Side Salad** - A mix of cheese, tomatoes, carrots, cucumbers, and onions served over a bed of fresh lettuce. ____ \$2.99
- :: **Add-on-Salad** - A mix of cheese, tomatoes, carrots, cucumbers, and onions tossed over a bed of fresh lettuce. This can be added to any entree. ____ \$1.99
- :: **Grilled/Fried Chicken Salad** - A mix of cheese, tomatoes, cucumbers, carrots, and onions served over a bed of lettuce and topped with your choice of grilled or fried chicken. ____ \$7.29
1000 island, ranch, bleu cheese, italian, honey mustard, O&V, balsamic vinegar, house dressing

Wrappers

- :: **Chicken Caesar Wrap** - Grilled or blackened chicken, romaine lettuce, parmesan cheese, and caesar dressing all wrapped up and served with potato chips and a pickle spear. ____ \$6.99
- :: **Jerk Wrap** - Grilled or fried chicken rolled in our home-made jamaican jerk sauce with lettuce, tomatoes, and hot pepper cheese all rolled up and served with potato chips and a pickle spear. ____ \$6.99
- :: **The Abbie-Norm** - Sliced ham and turkey, lettuce, tomatoes, onions, and cheddar cheese all rolled up and served with potato chips and a pickle spear. ____ \$6.99

Between The Bread

- :: **Feral Fowl** - Thinly sliced turkey, green peppers, onions, mushrooms and pepperjack cheese steamed and baked on a focaccia roll. Served with potato chips and a pickle spear. ____ \$6.29
- :: **Infuriated Canine** - Sliced salami, ham, and provolone cheese topped with lettuce, tomatoes, onions, and zesty italian dressing on a New York hoagie roll. Served with potato chips and a pickle spear. ____ \$6.29
- :: **The Frau Blucher** - Roast beef, turkey, swiss cheese, tomatoes, onions, oil and vinegar, and shredded lettuce, piled high on a focaccia roll. Served with potato chips and a pickle. ____ \$6.29
- :: **Reuben** - Mouth-watering corned beef, swiss cheese, sauerkraut, and russian dressing on grillet rye bread. Don't like it with hooves? Try it with feathers! Just tell your server to make it a rachel. Served with potato chips and a pickle spear. ____ \$5.99
- :: **Igor Club** - Honey ham, turkey, crisp bacon, cheddar cheese, mustard, mayo, lettuce, and tomatoes on a multi-grain wheat bread. Served with [otato chips and a pickle spear. ____ \$5.99
- :: **Globe** - Slow-roasted beef, turkey, ham, swiss cheese, mustard, lettuce, and tomatoes triple decked on multi-grain wheat bread. Served with potato chips and a pickle spear. ____ \$6.29
- :: **Ribeye Sandwich** - 6oz. Ribeye grilled to order with sauteed green peppers, onions and mushrooms topped with swiss cheese on a focaccia roll. Served with potato chips and a pickle spear. ____ \$7.50
- :: **Steak & Cheese Hoagie** - Thinly sliced steak topped with melted provolone cheese piled high on a warm hoagie roll. Served with potato chips and a pickle spear. Add grilled onions, peppers, and mushrooms for only \$.49. ____ \$7.29
- :: **"Cluck"** - 5 oz. grilled or blackened chicken breast with lettuce, tomatoes, and mayo on a grilled kaiser roll. Served with potato chips and a pickle spear. ____ \$7.50
- :: **Moon Special** - "Couldn't call it anything else".....Our home-made chicken salad served on multi-grain wheat bread and topped with sliced tomatoes and shredded lettuce. Served with potato chips and a pickle spear. ____ \$4.99
- :: **Saucy Frankenstein** - Thinly sliced roast beef, horseradish-mustard sauce, red onions, sliced tomatoes, lettuce, and swiss cheese served cold and piled high on rye bread. Served with potato chips and a pickle spear. ____ \$5.99
- :: **"BYOB"** - Hand-pattied ground chuck served on a grilled kaiser roll however you like it. Chooses from: lettuce, tomato, onion, pickles, chili, slaw, mustard,

mayo, jalapenos, mushrooms, bacon, relish, sauerkraut, or anything else we may have in the house. You just tell us and it's on there! Bacon, cheese, mushrooms, chili.....\$.49 extra for each ____ \$6.99

:: **The Original Garden Burger** - *It's pretty much self-explanatory. Served with lettuce, tomato, mayo, and onion on a grilled kaiser roll. Cheese is \$.49 extra.* ____ \$5.99

:: **The "Abbie-Dog"** - *1/4lb. dog served anyway you like it, on a grilled doggie bun.* ____ \$4.99

Classics

:: **Ribeye** - *10oz. USDA choice cut of beef, grilled, basted and cooked to order. Served with choice of two side items.* ____ \$13.99

:: **Filet Mignon** - *9oz. tenderloin of beef wrapped in bacon and grilled to order. Served with choice of two side items.(Above medium temperatures will be butterfly-cut.)* ____ \$16.99

:: **Ques-tion-able-dia (Quesadilla)** - *A blend of cheeses and black beans grilled in a soft tortilla shell. Served with lettuce, tomatoes, jalapenos, sour cream and chunky salsa.* ____ Bean \$7.99 /Chicken or Steak \$8.99

:: **Maui Dinner** - *8oz. chicken breast marinated in our house special tropical BBQ sauce, topped with mushrooms, crisp bacon, monterey jack cheese and two grilled pineapple rings. Served with choice of two side items.* ____ \$9.99

:: **Sante Fe Chicken** - *8oz. chicken breast marinated and basted with BBQ sauce, topped with cheddar cheese, diced tomatoes, crisp bacon and scallions. Served with choice of two side items.* ____ \$9.99

:: **Chicken Fingers** - *Hand-dipped and battered in our special house seasonings....it may not be 11 herbs and spices, but it's atleast 10 1/2. Served with cole slaw and french fries and your choice of honey mustard or BBQ sauce.* ____ \$7.29

:: **Fish -N- Chips** - *Beer battered flounder filet, deep fried to a golden brown. Served with cole slaw, french fries and your choice of tartar sauce or malt vinegar.* ____ \$7.99

:: **Fredo's Chicken Pasta** - *A Louisiana classic...a little french, a little cajun. A blackened chicken breast served over tri-colored rotini, tossed in alfredo sauce and topped with diced tomatoes and scallions.* ____ \$10.29

:: **Hoppin' Juan** - *Hoppin' John's vegetarian cousin, Juan. A blend of black beans, herbs and spices served over a bed of white rice and topped with an all natural cheese blend, diced tomatoes and scallions. Served with toasted pita points.* ____ \$8.99

Sides

:: **Baked Potato** - *Available after 5p.m. \$1.00 charge to substitute* ____ \$2.99

:: **Potato Salad** - *\$.49 to substitute* ____ \$1.99

:: **Pasta Salad** - *\$.49 to substitute* ____ \$1.99

:: **Cole Slaw** - *\$.49 to substitute* ____ \$1.99

:: **Chef's Veggies** - *\$.49 to substitute* ____ \$1.99

:: **White Rice** - *\$.49 to substitute* ____ \$1.99

:: **French Fries** - *\$.49 to substitute* ____ \$1.99

:: **Onion Rings** - *\$1.00 to substitute* ____ \$2.99

Xtra sauces= \$.49/each

Beverages

:: **Pepsi Products** - *Pepsi, Diet Pepsi, Diet Mountain Dew, Lemonade, Mountain Dew, Dr. Pepper, Sierra Mist, Ginger Ale.(complimentary refills)* ____ \$1.69

:: **Sweet and Unsweetened Iced Tea** - *(complimentary refills)* ____ \$1.69

:: **Regular and Decaf Coffee** - *(complimentary refills)* ____ \$1.50

:: **Red Bull** - ____ \$2.50

:: **Juices** - *Cranberry Juice, Orange Juice, Pineapple Juice, Tomato Juice, Grapefruit Juice* ____ \$2.00

Desserts

:: **Union Street Derby Pie** - ____ \$3.99

:: **Key Lime Pie** - ____ \$3.99

:: **New York Style Cheesecake** - ____ \$3.99